

Dr. Sie is a licensed Naturopathic Physician, awarded High Academic Achievement from Southwest College of Naturopathic Medicine. She received her Masters of Public Administration from Rutgers University and was inducted to the Pi Alpha Alpha for academic excellence. She graduated Magna Cum Laude with a Bachelor of Science degree in Psychology and Nutrition from Duke University.

Having worked in the health care field for over 19 years, at Kessler Rehabilitation Hospital, (NJ), Mt. Sinai Medical Center (NYC), the Bronx VA Hospital, St. Joseph's Medical Center (NJ), and in private practice in Scottsdale (AZ), Dr. Sie brings invaluable experience and compassion to Light and Love Naturopathic Center in Santa Fe, NM.



Dr. Justin Hoffman is a licensed Doctor of Oriental Medicine and received his degree from the International Institute of Chinese Medicine in Santa Fe, NM and also holds a Doctorate in Naturopathic Medicine from Southwest College of Naturopathic Medicine in Tempe Arizona. Dr. Hoffman received his Bachelor of Science Degree in Biology from Northern Arizona University. In addition, Dr. Hoffman has completed several hundred hours of post-graduate training in various holistic modalities. Dr. Hoffman also comes from an integrative health care clinic in Scottsdale, Arizona and specializes in Holographic Memory Resolution, Acupuncture, Reiki, Physical Medicine, Detoxification, Nutrition, Homeopathy, Botanical Medicine, Craniosacral, Bowen Therapies, and Mind/body techniques.

As Naturopathic Physicians, Dr. Sie & Dr. Hoffman treat people with natural methods incorporating the following principles:

1. First of all, to do no harm.
2. To act in cooperation with the Healing Power of Nature.
3. To address the fundamental Cause of the disease not just to suppress symptoms.
4. To heal the whole person (body, mind and spirit) through Individualized treatment.
5. To teach the principles of healthy living and Preventative Medicine.

“Dr. Sie’s kindness and wisdom was a guiding light in the storm that was my illness.”

~Steve E, patient

“There are no hands more healing than Dr. Hoffman’s. I always felt his intention was clear and in tune with mine. He has the ability to see the big picture, and grasp the root. He is one of the few people I would trust as my own physician.”

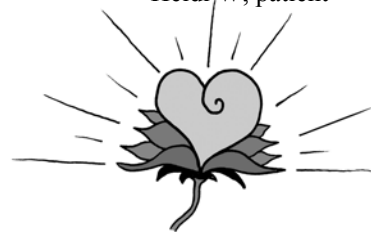
~Dr. Chelsea H., patient

“I was filled with frustration because I knew I was not expressing physically, emotionally or spiritually the person I was created to be. Then Dr. Sie entered my life and showed me such Love and Compassion, I finally felt safe and strong enough to take the steps needed to bring the gifts within into this world.”

~Sherdeen G, patient

“Dr. Sie will soothe you with the warmth of her personality and win your trust with her knowledge of the field of naturopathic medicine.”

~Heidi W, patient



**Call Dr. Debbie Sie or
Dr. Justin Hoffman
at (505) 955-9919**

**Light & Love Naturopathic Center
1045 West Don Diego Ave.
Santa Fe, N.M. 87505**

Light & Love Naturopathic Center



Debbie Sie, NMD



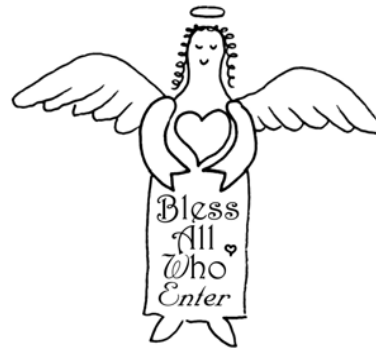
Justin Hoffman NMD, DOM



In caring for humanity and as part of our life mission to raise the consciousness and frequency of the earth, we have become teachers and catalysts for individual and group growth with our clinic, seminars and future books and tapes. We are here to share our gifts (yours and ours), hoping to touch many lives, providing inspirational nourishment and spreading the spirit. As facilitators in well being, our techniques are on the cutting edge, using a team effort approach to achieve accelerated growth, exploring new paths and quick resolution. Light & Love Naturopathic Center provides a safe, compassionate, gentle, loving environment, where we as teachers, encourage questions and open communication to allow for inspiration.

Dr. Sie and Dr. Hoffman offer profound new techniques in increasing one's wellbeing, filling up one's soul, and recognizing and honoring one's gifts. Their individualized and integrated treatments do the following:

- ♥ Clear blockages that prevent manifesting one's highest destiny easily and effortlessly.
- ♥ Tap into the subconscious, to understand and honor what our bodies are trying to tell us.
- ♥ Nourish all parts of ourselves, body, mind, soul, and all of our past, to become whole.



- ♥ Collectively raise universal consciousness, through an awareness of self and all that one is.
- ♥ Uses and enhances all our senses, with sound, vibrations, color, flower essences, nutrition, homeopathy, guided visualizations, and more.
- ♥ Teach how to live in harmony with universal laws.
- ♥ Increase Energy & Enhance Optimal Health and Functioning
- ♥ Enhance Financial Freedom
- ♥ Address Optimal Weight

Light & Love Naturopathic Center offers and specializes in these modalities:

- Sie's the Day technique – frees up the energy lost from obsessive thoughts, negative thinking or emotions. Releasing them from the nervous system and the subconscious memory.
- Holographic Memory Resolution – resolves subconscious traumas stored in the body's cellular memory leading to chronic pain or ailments. Extremely effective and quick in healing time.
- Nambudripad Allergy Elimination Technique (NAET) – eliminating sensitivities using acupressure, kinesiology and homeopathy. A must for people with any kind of allergies.
- CranioSacral & Bowen– Gentle techniques that release soft tissue tension and aligns bones in the skull, vertebrae and sacrum to balance the physical & emotional structure.

Other Therapies include: Acupuncture, Nutritional Counseling, Botanical Medicine, Homeopathy, Energy/Reiki Work, and many other modalities.

